

PLANS AND PRINTABLES

# preschool SPORTS



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# PRESCHOOL: WHAT'S INCLUDED?

**MPK preschool: SPORTS**

	Read Aloud	Literacy	Math	Science/SST/Art
Day 1	50k Parts of a Book Concepts of Text	Skills: Identify Letters Letter Writing Ball Sand Tray Writing	Skills: Count/Identify Numbers 1-5 Count and Color Baseball	Art: Dot Paint Baseball
Day 2	50k Bouncing Basketball Bounces	Skills: Identify Letters Identify Letter Sounds Ball Sound Stamping	Skills: Count/Identify Numbers 1-5 Basketball Number Match	Art: Basketball Craft
Day 3	50k Vocabulary Vocabulary Matching	Skills: Phonemic Awareness (Beginning sounds) Ball Sound Sort	Skills: Count/Identify Numbers 1-5 Ball and Throw Balls	Sensory Bin: Football Sensory Bin
Day 4	50k Answer Questions Soccer Predictions	Skills: Name Writing Jersey Name Craftivity	Skills: Count/Identify Numbers 1-5 Sports Number Sense Mats	Art/Science: Bouncy Balls
Day 5		Skills: Extending Ideas in Writing Number Writing	Skills: Count/Identify Numbers 1-5 Number Ball Toss	Sensory Bin: Sports Sort Sensory Bin

## WEEK AT A GLANCE:

See all 20 books/activities for the week on one convenient page. Every week includes 5 read aloud books with activities, 5 literacy activities, 5 math activities, and 5 sensory bins, science/social studies, and/or art activities. All activities are focused on specific learning goals that spiral throughout the year.

**SPORTS: Learning Goals**

**LETTER/SOUND:**  
□ B is for Ball

**READ ALOUD SKILLS:**  
□ Identify Parts of a Book  
□ Make Inferences  
□ Learn New Vocabulary  
□ Make Predictions  
□ Track Print

**LITERACY SKILLS:**  
□ Identify Letters  
□ Identify Letter Sounds  
□ Identify Beginning Sounds  
□ Write Name  
□ Express Ideas in Writing

**MATH SKILLS:**  
□ Count Sets of 1-10 Objects  
□ Identify Numbers 1-10  
□ Counting by 10s

**SCIENCE/SOCIAL STUDIES SKILLS:**  
□ Observe Changes in Matter

**FINE MOTOR SKILLS:**  
□ Make Stamps  
□ Cut with Scissors  
□ Glue with Glue Stick  
□ Write Letters  
□ Color with Crayons  
□ Paint with a Brush  
□ Write Numbers  
□ Roll Play Dough  
□ Squeeze Tweezers  
□ Squeeze a Glue Bottle

**GROSS MOTOR SKILLS:**  
□ Throw Objects  
□ Pretend Play



## LEARNING GOALS:

Each week includes a letter/sound focus, read aloud comprehension, literacy, math, science/social studies, fine motor, and gross motor skills. The skills practiced each week are located on one convenient page for your reference as well as listed on the week at a glance, activity summary, and activity overview pages.

**SPORTS: suggested Materials**

**BOOKS:**  
□ 50k: 50k: 50k Run by Brad Herzog  
□ 50k: 50k: 50k Ball by Brad Herzog  
□ 50k: 50k: 50k Soccer by Michael Dorn  
□ 50k: 50k: 50k Soccer by Lisa Bowles  
□ 50k: 50k: 50k by Bruce Lerman

**CRAB MATERIALS:**  
□ Sticky Notes  
□ Dot Stickers  
□ Stickers  
□ Glue  
□ Colored Cardstock  
□ Scissors  
□ Letter Glue  
□ Markers  
□ Paper  
□ Crayons  
□ Stencils  
□ Dry Erase Markers  
□ Play Dough  
□ Cotton Swabs  
□ Tempera Paint  
□ Tongs  
□ Pipe Cleaners

**PRINTABLES:**  
□ Spelling Response Page  
□ Football Vocabulary Matching Cards  
□ Printable 50 Readers  
□ Ball Letter Number Cards  
□ Letter & Dot Marker Page  
□ Beginning Sound Pictures  
□ Ball Sorting Page  
□ Jersey Writing Templates  
□ Sports Writing Prompts  
□ Count & Color Baseball  
□ Basketball and Hoop Cards  
□ Sports Number Sense Mats  
□ Dot Cards  
□ Baseball & Glove Outline  
□ Basketball Templates  
□ Basketball by 10 Cards  
□ Sport Sort & Count Cards

**FOOD ITEMS:**  
□ Cornstarch  
□ Food Coloring

**OTHER MATERIALS:**  
□ Shallow Wooden Tray  
□ Green Sand  
□ Green Tray  
□ Small Ball Pencil Toppers  
□ Cards  
□ Sports Stickers  
□ Small Bin  
□ Small Ball Erasers  
□ Tweezers  
□ Paper Plates  
□ Green Hoop  
□ Mini Football Players  
□ Mini Footballs  
□ Hoop  
□ Boxes  
□ Foam Letter  
□ Puzzles



Visit the Preschool Sports blog post to find pictures and clickable links to materials!

## SUGGESTED MATERIALS:

Prepping for the week is super easy with this checklist. Round up everything you need for the week without having to search through each page of activities!

# PRESCHOOL: WHAT'S INCLUDED?

**SPORTS Literacy Activities**

ACTIVITY	DESCRIPTION	MATERIALS	GOALS/SKILLS
Ball Sound Writing	Fill shallow wooden tray with green play sand. Place ball letter card in tray. Use as a model. Use small green topper balls or finger mode.	<ul style="list-style-type: none"> <li>Shallow wooden tray</li> <li>Green sand</li> <li>Small ball letter</li> <li>Small ball letter</li> <li>Ball Letter Number Cards (pg 22-23)</li> </ul>	<ul style="list-style-type: none"> <li>Identify Letters</li> <li>Write Letters</li> </ul>
Ball Sound Strangers	Stamp the letter S with cut strappers. Put the upper cut lowercase strappers in the ball. Stamp them and make the sound each time. Stamp the other letters with a different color and try to make their sound.	<ul style="list-style-type: none"> <li>Letter S Cut Marker Page (pg 22)</li> <li>Dot Strappers</li> </ul>	<ul style="list-style-type: none"> <li>Identify Letters</li> <li>Identify Letter Sounds</li> <li>Make Shapes</li> </ul>
Ball Sound Sort	Print laminate and cut out the beginning sound pictures. Tape each picture to a small ball. Play each word and tape the ball into the correct basket. Print, cut and glue to sort the same balls on the sorting page.	<ul style="list-style-type: none"> <li>Beginning Sound Sort and Sorting Page (pg 23-25)</li> <li>Scissors</li> <li>Glue</li> </ul>	<ul style="list-style-type: none"> <li>Identify Beginning Sounds in Words</li> <li>Get with Colors</li> <li>Glue with Glue Stick</li> </ul>
	Get the jersey pieces out. Trace or write letters in circles on each square. Letters in circles together and add the same color of the jersey in order to make one jersey. Glue to add to the jersey.	<ul style="list-style-type: none"> <li>Jersey Craftivity Template (pg 26-27)</li> <li>Colored Paper</li> <li>Scissors</li> <li>Glue</li> <li>Markers</li> <li>Sports Writing Prompts (pg 28)</li> </ul>	<ul style="list-style-type: none"> <li>Identify Name</li> <li>Write Letters in Name</li> <li>Express Ideas in Writing</li> </ul>

## ACTIVITY SUMMARY PAGES:

Learning activity pages include everything you need to know to complete the activities for the week. Each learning category has a page with pictures, directions, materials, and goals so you know exactly what to do for each activity.

**SPORTS NUMBER SENSE MATS**

**Skills:**

- Count Sets 1-10
- Identify Numbers
- Write Numbers
- Roll Play Dough
- Squeeze Twisters

**Materials:**

- Sports Number Sense Mats (pg 26-27)
- Play Dough
- Small Ball Erasers
- Twisters

**Items to Prep:**

- Print the sports number sense mats
- Laminate for durability and cut out.

**Directions:**

- Identify the large number
- Make the number with play dough
- Count the balls in the ten frame
- Use a dry erase marker to practice writing the number
- Count out ball erasers to practice writing the number
- Repeat with each number mat
- Optional activities:
  - Put the number mats in numerical order



## DETAILED ACTIVITY OVERVIEWS:

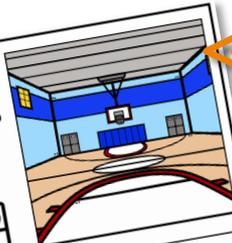
Each activity also has an activity overview page. This page includes the skills, materials, items to prep, directions for the activity, and a large photo of the activity in action. This page is perfect to keep with each set of materials for easy reference while learning.

**MY SECOND ALPHABET READER**

**Bb**



**5 balls**

**player** **coach**

**goal post** **footb**






## PRINTABLES:

Printable activities and materials to make weekly prep a breeze! Lots of printable options to save you from purchasing additional hands on materials that you may not have available.

# MPK preschool: SPORTS



	Read Aloud	Literacy	Math	Science/SS/Art
Day 1	<i>Skill: Parts of a Book</i> Concepts of Print	<i>Skills: Identify Letters, Letter Writing</i> Ball Sand Tray Writing	<i>Skills: Count/Identify Numbers 1-5</i> Count and Color Baseball	Art: Dot Paint Baseball
Day 2	<i>Skill: Inferring</i> Basketball Riddles	<i>Skills: Identify Letters, Identify Letter Sounds</i> Ball Sound Stamping	<i>Skills: Count/Identify Numbers 1-5</i> Basketball Number Match	Art: Basketball Craft
Day 3	<i>Skill: Vocabulary</i> Vocabulary Matching	<i>Skills: Phonemic Awareness (beginning sounds)</i> Ball Sound Sort	<i>Skills: Count/Identify Numbers 1-5</i> Roll and Throw Balls	Sensory Bin: Football Sensory Bin
Day 4	<i>Skill: Answer Questions</i> Soccer Predictions	<i>Skills: Name Writing</i> Jersey Name Craftivity	<i>Skills: Count/Identify Numbers 1-5</i> Sports Number Sense Mats	Art/Science: Bouncy Balls
Day 5	<i>Skill: Tracking Print</i> "B" Emergent Readers	<i>Skills: Expressing Ideas in Writing</i> Sports Journal Writing	<i>Skills: Count/Identify Numbers 1-5</i> Number Ball Toss	Sensory Bin: Sports Sort Sensory Bin

# SPORTS: Learning Goals

## LETTER/SOUND:

- B is for Ball

## READ ALOUD SKILLS:

- Identify Parts of a Book
- Make Inferences
- Learn New Vocabulary
- Make Predictions
- Track Print

## LITERACY SKILLS:

- Identify Letters
- Identify Letter Sounds
- Identify Beginning Sounds
- Identify Name
- Write Letters
- Express Ideas in Writing

## MATH SKILLS:

- Count Sets of 1-10 Objects
- Identify Numbers 1-10
- Counting by 10s

## SCIENCE/SOCIAL STUDIES SKILLS:

- Observe Changes in Matter

## FINE MOTOR SKILLS:

- Make Stamps
- Cut with Scissors
- Glue with Glue Stick
- Write Letters
- Color with Crayons
- Paint with a Brush
- Write Numbers
- Roll Play Dough
- Squeeze Tweezers
- Squeeze a Glue Bottle

## GROSS MOTOR SKILLS:

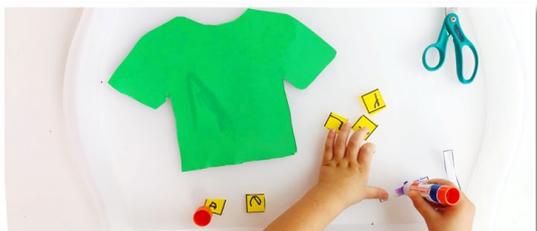
- Throw Objects
- Pretend Play



# SPORTS: Activities in Action

## PHOTOS OF ACTIVITIES IN ACTION:

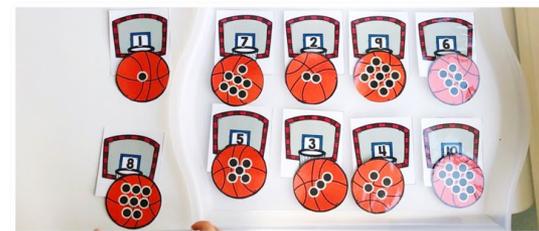
Want to see more photos of each of this week's activities in action? [Click here](#) for large detailed photos of our preschool adventures! Preschool: Sports



preschool  
**JERSEY NAME  
CRAFTIVITY**



preschool  
**SPORTS SORT  
SENSORY BIN**



preschool  
**BASKETBALL  
NUMBER MATCH**



# THANK YOU!

Thanks so much for downloading this resource! I truly appreciate it and hope it is exactly what you were looking for! Remember to leave feedback to earn credits towards future products. Please contact me with questions/concerns. [jessica@mrsplemonskindergarten.com](mailto:jessica@mrsplemonskindergarten.com)



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