# fine motor practice



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### CUT & TEAR: WHAT'S INCLUDED?



#### PLANNING SPREADSHEETS

- Two pages listing each of the practice pages included organized by theme.
- One page listing each of the practice pages included organized by letter



#### CUT AND TEAR PRACTICE PAGES

- Five different options each for 45 preschool themes.
- · Focus word at the top of each themed page.

### CUT & TEAR: WHAT'S INCLUDED?



#### **EXECUTION TEAS**

 One page explaining the skills practiced, items needed to prep, and directions for the activity.

#### EXTENSION ACTIVITIES

- Use markers or crayons to color the word at the top of the page.
- · Name the letter 3 if the word at the top of the page
- Practice making the beginning sound of the object.
- Practice writing the first letter or the entire word on the
- · Search books and environment for the beginning letter.



#### EXTENSION IDEAS

 Full page of ideas for additional literacy development and practice.

## cut & Tear by THEME

WEEK	Theme	Letter/Word	Letter/Word	Letter/Word	Letter/Word	Letter/Word
Sep. Week I	Apples	A is for Apple	C is for Core	P is for Pie	S is for Seed	T is for Tree
Sep. Week 2	All About Me	K is for Kid	K is for Kid	K is for Kid	K is for Kid	K is for Kid
Sep. Week 3	My Body	F is for Feet	H is for Hand	N is for Nose	X is for X Ray	S is for Skeleton
Sep. Week 4	Healthy Habits	C is for Carrot	0 is for Orange	T is for Tooth	W is for Water	Y is for Yogurt
*Optional*	Sports	B is for Bat	F is for Football	J is for Jersey	S is for Soccer	U is for Uniform
Oct. Week I	Fall	A is for Acorn	H is for Hay	L is for Leaf	P is for Pumpkin	R is for Rake
Oct. Week 2	Fire Safety	A is for Ambulance	F is for Fire	H is for Helmet	L is for Ladder	X is for Ax
Oct. Week 3	Weather	C is for Cloud	L is for Lightning	R is for Rain	U is for Umbrella	V is for Vane
Oct. Week 4	Halloween	C is for Candy	D is for Devil	G is for Ghost	J is for Jack o' Lantern	Z is for Zombie
*Optional*	Nocturnal Animals	B is for Bat	M is for Moon	N is for Night	0 is for Owl	R is for Raccoon
Nov. Week I	Dinosaurs	B is for Bone	D is for Dinosaurs	E is for Egg	T is for T-Rex	V is for Volcano
Nov. Week 2	Transportation	A is for Airplane	D is for Dump Truck	J is for Jet	Y is for Yield	Y is for Yacht
Nov. Week 3	Community	D is for Doctor	H is for House	M is for Mail	N is for Nurse	V is for Vet
Nov. Week 4	Thanksgiving	G is for Gourd	M is for Mayflower	T is for Turkey	T is for Turkey	Y is for Yams
*Optional*	Pets	B is for Bunny	D is for Dog	K is for Kitten	H is for Hedgehog	P is for Parrot
Dec. Week I	Gingerbread	D is for Dough	G is for Gingerbread	H is for House	0 is for Oven	X is for Fox
Dec. Week 2	Reindeer	A is for Antlers	H is for Hay	R is for Reindeer	S is for Snow	V is for Vixen
Dec. Week 3	Christmas	E is for Elf	J is for Jingle Bell	M is for Mittens	N is for Nutcracker	N is for North Pole
Dec. Week 4	Christmas	0 is for Ornament	S is for Santa	S is for Sleigh	T is for Tree	X is for Box
*Optional*	Superheroes	C is for Cape	M is for Mask	Q is for Quick	S is for Superhero	Z is for Zap
Jan. Week I	Winter	E is for Earmuffs	H is for Hat	Q is for Quilt	W is for Winter	Y is for Yeti
Jan. Week 2	Penguins	I is for Igloo	I is for Iceberg	0 is for Orca	P is for Penguin	S is for Snow
Jan. Week 3	Five Senses	E is for Ear	E is for Eye	F is for Finger	N is for Nose	T is for Tongue
Jan. Week 4	Polar Bears	B is for Bear	F is for Fish	I is for Ice	W is for Walrus	W is for White
*Optional*	Robots	K is for Keyboard	N is for Nut	R is for Robot	X is for Fix	Z is for Zigzag

### cut & Tear By THEME

WEEK	Theme	Letter/Sound	Letter/Sound	Letter/Sound	Letter/Word	Letter/Word
Feb. Week I	Fairy Tales	C is for Castle	G is for Genie	J is for Jewel	K is for Knight	K is for King
Feb. Week 2	Fairy Tales	M is for Magic Beans	M is for Mirror	Q is for Queen	U is for Unicorn	W is for Wolf
Feb. Week 3	Valentines	B is for Bear	H is for Heart	K is for Kiss	V is for Valentines	X is for XOXO
Feb. Week 4	Space	A is for Astronaut	0 is for Outer Space	U is for UFO	U is for Uranus	V is for Venus
*Optional*	Pirates	I is for Island	M is for Map	P is for Pirate	T is for Treasure	X is for X Marks the Spot
Mar. Week I	Plants	P is for Plant	V is for Vase	V is for Vine	Z is for Zucchini	Z is for Zinnia
Mar. Week 2	Insects	A is for Ant	D is for Dragonfly	I is for Insect	Q is for Queen Bee	Z is for Buzz
Mar. Week 3	St. Patrick's	G is for Gold	G is for Green	L is for Leprechaun	R is for Rainbow	S is for Shamrock
Mar. Week 4	Easter	B is for Basket	B is for Bunny	E is for Egg	J is for Jellybeans	Y is for Yolk
*Optional*	Camping	B is for Binoculars	L is for Lantern	T is for Tent	U is for Ukulele	W is for Woods
Apr. Week I	Frogs	F is for Frog	L is for Lily Pad	L is for Log	P is for Pond	T is for Tadpole
Apr. Week 2	Butterflies	B is for Butterfly	C is for Caterpillar	E is for Egg	N is for Net	W is for Wing
Apr. Week 3	Earth Day	D is for Dirt	G is for Garbage	P is for Plant	R is for Recycle	W is for World
Apr. Week 4	Zoo	E is for Elephant	K is for Kangaroo	Y is for Yak	Z is for Zebra	Z is for Zoo
*Optional*	Birthday	C is for Cake	G is for G <del>i</del> ft	N is for Noisemaker	P is for Party Hat	X is for Wax
May Week I	Rainforest	A is for Anteater	I is for Ibis	I is for Iguana	J is for Jaguar	R is for Rainforest
May Week 2	Farm	F is for Farm	H is for Horse	L is for Lamb	Q is for Quack	Q is for Quail
May Week 3	Ocean	E is for Eel	J is for Jellyfish	K is for Killer Whale	0 is for Ocean	0 is for Octopus
May Week 4	Carnival	B is for Balloon	C is for Cotton Candy	I is for Ice Cream	U is for Unicycle	Y is for Yo-Yo
*Optional*	Patriotic	E is for Eagle	F is for Flag	Q is for Quarter	Q is for Quill	U is for USA

## cut & Tear by Letter

	Letter/Sound	Letter/Sound	Letter/Sound	Letter/Sound	Letter/Sound	Letter/Sound	Letter/Sound	Letter/Sound
Α	A is for Apple	A is for Acorn	A is for Ambulance	A is for Airplane	A is for Antlers	A is for Astronaut	A is for Ant	A is for Anteater
В	B is for Bone	B is for Bat	B is for Bunny	B is for Binoculars	B is for Bear	B is for Basket	B is for Butterfly	B is for Balloon
С	C is for Core	C is for Carrot	C is for Cloud	C is for Candy	C is for Cape	C is for Castle	C is for Caterpillar	C is for Cake
D	D is for Devil	D is for Dinosaurs	D is for Dump Truck	D is for Doctor	D is for Dog	D is for Dough	D is for Dragonfly	D is for Dirt
Ε	E is for Egg	E is for Elf	E is for Earmuffs	E is for Ear	E is for Eye	E is for Elephant	E is for Eel	E is for Eagle
F	F is for Feet	F is for Football	F is for Fire	F is for Finger	F is for Fish	F is for Frog	F is for Farm	F is for Flag
G	G is for Ghost	G is for Gourd	G is for Gingerbread	G is for Genie	G is for Gold	G is for Green	G is for Garbage	G is for Gift
Н	H is for Hand	H is for Hay	H is for Helmet	H is for House	H is for Hedgehog	H is for Hat	H is for Heart	H is for Horse
I	I is for Igloo	I is for Iceberg	I is for Ice	I is for Island	I is for Insect	I is for Ibis	I is for Iguana	I is for Ice Cream
J	J is for Jersey	J is for Jack o' Lantern	J is for Jet	J is for Jingle Bell	J is for Jewel	J is for Jellybeans	J is for Jaguar	J is for Jellyfish
K	K is for Kid	K is for Kitten	K is for Keyboard	K is for Knight	K is for King	K is for Kiss	K is for Kangaroo	K is for Killer Whale
L	L is for Leaf	L is for Ladder	L is for Lightning	L is for Leprechaun	L is for Lantern	L is for Lily Pad	L is for Log	L is for Lamb
М	M is for Moon	M is for Mail	M is for Mayflower	M is for Mittens	M is for Mask	M is for Magic Beans	M is for Mirror	M is for Map
N	N is for Nose	N is for Night	N is for Nurse	N is for Nutcracker	N is for North Pole	N is for Nut	N is for Net	N is for Noisemaker
0	0 is for Orange	0 is for Owl	0 is for Oven	0 is for Ornament	0 is for Orca	0 is for Outer Space	O is for Ocean	0 is for Octopus
р	P is for Pie	P is for Pumpkin	P is for Parrot	P is for Penguin	P is for Pirate	P is for Plant	P is for Pond	P is for Party Hat
Q	Q is for Quick	Q is for Quilt	Q is for Queen	Q is for Queen Bee	Q is for Quack	Q is for Quail	Q is for Quarter	Q is for Quill
R	R is for Rake	R is for Rain	R is for Raccoon	R is for Reindeer	R is for Robot	R is for Rainbow	R is for Recycle	R is for Rainforest
S	S is for Seed	S is for Skeleton	S is for Soccer	S is for Snow	S is for Santa	S is for Sleigh	S is for Superhero	S is for Shamrock
Т	T is for Tree	T is for Tooth	T is for T-Rex	T is for Turkey	T is for Tongue	T is for Treasure	T is for Tent	T is for Tadpole
U	U is for Uniform	U is for Umbrella	U is for Unicorn	U is for UFO	U is for Uranus	U is for Ukulele	U is for Unicycle	U is for USA
٧	V is for Vane	V is for Volcano	V is for Vet	V is for Vixen	V is for Valentines	V is for Venus	V is for Vase	V is for Vine
W	W is for Water	W is for Winter	W is for Walrus	W is for White	W is for Wolf	W is for Woods	W is for Wing	W is for World
Х	X is for X Ray	X is for Ax	X is for Fox	X is for Box	X is for Fix	X is for XOXO	X is for X Marks the Spot	X is for Wax
Υ	Y is for Yogurt	Y is for Yield	Y is for Yacht	Y is for Yams	Y is for Yeti	Y is for Yolk	Y is for Yak	Y is for Yo-Yo
Z	Z is for Zombie	Z is for Zap	Z is for Zigzag	Z is for Zucchini	Z is for Zinnia	Z is for Buzz	Z is for Zebra	Z is for Zoo

# TEACHING SUGGESTIONS

#### Skills:

- · Cut with Scissors
- Tear Paper
- · Glue with Glue Stick

#### Items to Prep:

- Print the desired theme page.
- Cut appropriate colored paper into strips. (Try tissue paper, construction paper, or other craft materials)

#### Directions:

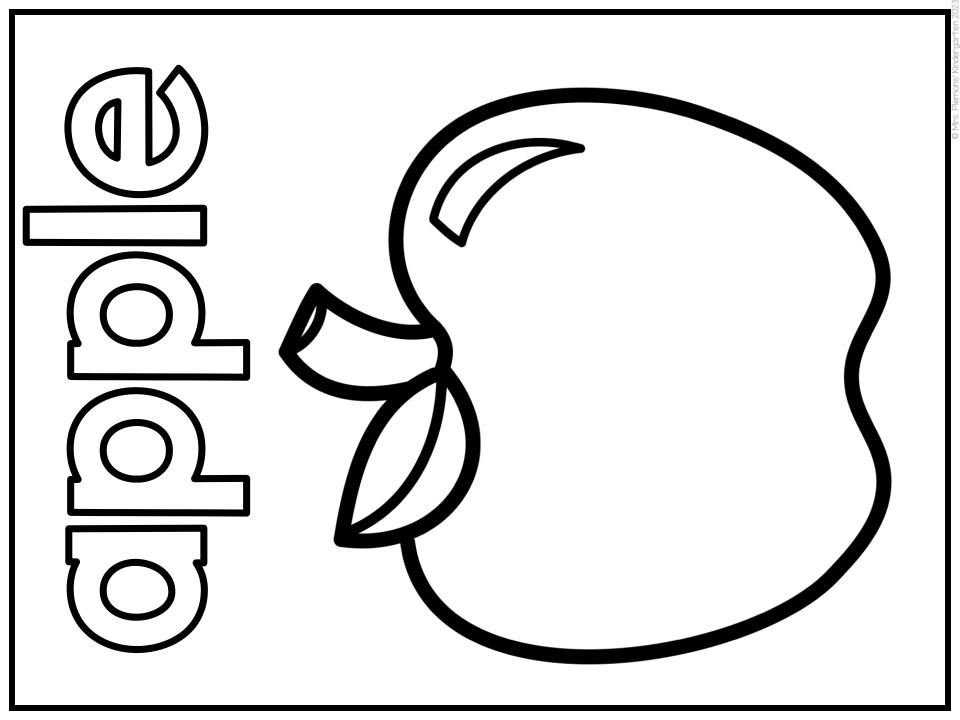
- · Cut or tear strips of paper into small pieces.
- · Glue the pieces onto the object outline to fill the shape.



### EXTENSION ACTIVITIES

- Use markers or crayons to color the word at the top of the page.
- · Name the letters in the word at the top of the page.
- Practice making the beginning sound of the object.
- Name other objects that begin with the same letter.
- Practice writing the first letter or the entire word on the back of the page.
- · Search books and environment for the beginning letter.





# FULL YEAR EARLY LEARNING CURRICULUM



AGES 1-2



AGES 2-3



AGES 3-4

(Click each image to see more)

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